

Medical Advice Policy

The information on the Simply Women's Nutrition website is not intended as a substitute for professional advice from a doctor, accredited practising dietitian or health care professional. Information related to diet is to be used only as a general guideline and is provided on the basis to inform and educate, rather than diagnose, treat or take the place of individualised professional advice. We strongly recommend that you seek medical advice from your doctor before commencing any new treatment or change in lifestyle plan.